DSISD HEALTH SERVICES INFORMATION HUB - COVID-19

Community Information:

Dripping Springs ISD COVID-19 Info

COVID-19 Information for Hays County Residents

<u>Texas Department of State Health</u> <u>Services</u>

> Call center #: 211, option 6

➤ If number busy, email: coronavirus@dshs.texas.gov

➤ Hours: 24/7

Government Response to Coronavirus

Sirius XM Channels 110 & 121

Texas Nurses Association

TEA Updates

TASB Resources Pertaining to COVID-19

<u>Guidance for Schools and Child Care</u> <u>Programs</u>

Coronavirus.gov

Health Information:

Covid-19 Fact Sheet - English / Spanish

DSISD Nursing Staff Directory

COVID19 vs. Allergies vs. Flu: Symptoms

CDC Coronavirus Symptom Checker

People Who Are at Higher Risk

Covid-19: What People with Asthma Need to Know / American Lung Association

Johns Hopkins Interactive COVID-19 Map

CDC Situation Summary

World Health Organization

Mental Health Resources:

DSISD Counseling Staff

CDC - How to Cope

Managing Stress During a Pandemic

NAMI - COVID-19 Resource and Information Guide

Local Resources:

<u>List of Local Providers - Dripping Springs</u> (please contact provider directly for availability/hours)

Helping Hands

- Pantry Hours (drive-up only)
 April 8, 2020 1 pm 4 pm
 April 9. 2020 4 pm 6:30
- For financial assistance: 512-820-0476
- For pantry updates, text
 Helping Hands or Helping Hands
 Espanol to 31996

DSISD Free and Reduced Lunch Information & Application

<u>Tiger Totes - Dripping Springs</u>

Other Resources:

National Domestic Violence Hotline - 24/7

- If in immediate danger, call 911
- 1-800-799-7233
- If you are unable to speak safely, click the link above or text LOVEIS to 22522

<u>Disaster Distress Helpline</u> - 24/7 1-800-985-5990 (for Spanish, press 2) or text TalkWithUs to 66746

Parent Resources:

DSISD Remote Learning Resources

DSISD Tech Help Desk - For technology-related access issues - tech.help@dsisdtx.us

CDC - Tips For Keeping Children Healthy While School's Out

<u>Caring for Someone at Home</u>

10 Tips for Talking About COVID-19 With Your Kids

<u>CDC - Talking with Children About</u> <u>Coronavirus</u>

NPR - Children's Health

<u>Talking to Children About Coronavirus</u> (COVID19)

<u>Helping Children Cope With Changes</u> <u>Resulting From COVID-19</u>

NPR - How to Turn Your Home Into a School Without Losing Your Sanity